

WELLNESS & WELLBEING

Sun., Oct. 29 8:00 a.m. - 12:00 p.m.

200-P. Ageism Deep Dive: A Conversation With Leadership Academy Fellows and Elders

3:30 - 5:00 p.m.

1-A. Social Connectedness and Engagement Technologies: Provider Case Studies
113-A. Integrating Bicycling Into Senior Living Design
129-A. Expanding Lifelong Learning Through University Partnerships
130-A. Housing Transforming Health: Getting to "What Matters Most"

Mon., Oct. 30

7:00 - 8:00 a.m. Wellness & Wellbeing Network Meeting

8:00 - 9:30 a.m.

- 116-B. Nature Meets Nurture: Designing a WELL Building
- 131-B. Memory Wellness Training: From Evidence to Implementation
- 132-B. Creating an Organizational Culture That Supports Successful Aging
- 149-B. Harnessing Resident Engagement To Improve Team Member Retention

3:30 - 5:00 p.m.

- 6-C. Improving Health and Wellness With Wearable Technology
- 117-C. Building a Socially Connected, Age-Friendly Future
- 133-C. Managing Wellness Over Illness
- 134-C. Bridging the Age Divide: Housing-Based Intergenerational Programming

Tues., Oct. 31

8:00 - 9:30 a.m.

7-D. Driving Innovation in Aging and Brain Health

- 82-D. Redefining Resident Engagement
- 135-D. Urban Gardening and Farming in Assisted Living
- 136-D. Transforming Your Organization Into a Community Hub

10:00 - 11:30 a.m.

- 10-E. Using Technology To Measure the Social Health of Residents
- 121-E. Designing Indoor Environments for Improved Quality of Life
- 137-E. The Slippery Slope Between Functional and Frail in Independent Living Residents
- 138-E. Using Activity Programming To Combat Loneliness, Isolation and Depression
- 139-E. Developing Successful Wellness Programs

2:00 - 5:00p.m.

172-T. Member Site Visit: Poydras Home

3:30 - 5:00 p.m.

- 140-F. Students as Wellness Coaches
- 141-F. Programming for the Spiritual Dimension of Wellness
- 161-F. Domestic Violence Prevention and Intervention for Staff

Wed., Nov. 1

8:00 - 9:30 a.m.

- 14-G. Using Voice Recognition Technology To Improve Quality of Life
- 142-G. Integrating Employee Wellness Into the Framework of Your Organization
- 143-G. Dispelling Ageism Within Your Community
- 142-G. Integrating Employee Wellness Into the Framework of Your Organization

11:30 a.m. - 1:00 p.m.

- 144-H. Expanding Life Enrichment Programming to the Greater Community
- 145-H. Java Mentorship: Peer Support Interventions for Residents
- 168-H. Using Stories To Create Effective Teams and Organizations