LPC Weekly Report

Friday, June 25 2022



Highlights for LPCs:

LPC Member Network Call: Join us for the next LPC Member Network call on Tuesday, June 28 at 11:00 AM ET*. This month's discussion is on the evolution of hospitality in the LPC, and will host a great panel including Jill Vitale-Aussem, President and CEO, Christian Living Communities, Justin Spooner, Senior Vice President, Greystone, and Julie Fenske, Regional Director, Greystone. *Please note the date and time change for this month only. To join, email Dee at dpekruhn@leadingage.org.

Mather Lifeways Year 4 Age Well Study Findings. Mather Lifeways has released the Year 4 findings, which this year focus on resident stress and resilience during the pandemic. Participants this year included 3,441 residents of 122 Life Plan Communities; participants were asked to self-report on four characteristics of stress and six characteristics of resilience related to life during the pandemic. Those reportedly experiencing the most stress (by comparative demographic reviews) included: women; people aged 85+; people with annual incomes below \$80,000; people who are Christian or Jewish; people with 4 or more depressive symptoms; people with three or more chronic disease symptoms. There was no significant relationship found between stress and marital status, college education or length of residence in an LPC. Those who were reportedly more resilient included: women; people younger than 80; people who identify with a faith background; people with few or no depressive symptoms; people with few or no chronic disease symptoms. There was no significant relationship found between resiliency and income, marital status, college education, or length of residency in an LPC. Other "personal resource" factors that contribute to lower levels of stress and higher levels of resiliency included: autonomy; affiliation; achievement; social cohesion; perceptions of aging; and purpose. Organizational factors that led to lower levels of stress included: being on a campus of fewer than 300 residents; being located in the northeast. Factors that had no significant influence in stress included: profit status; fee structure; religious affiliation; multi-site status; levels of care or age of the community. The only organizational factor that led to higher reported resiliency was fee structure, specifically, being a resident of an entrance fee model LPC. Coping strategies that lowered stress included: intellectual activities, meditation, and volunteer work. Coping strategies that heightened resiliency included these above, plus talking with friends/ family and 'screen time' activities. Overall, the study concluded by saying that residents of LPCs reported low stress and high resiliency during the pandemic, despite variability across individuals.

Webinar: Active Shooter Preparedness. On June 29, 2pm ET, this webinar will outline the critical decision-making techniques and safety protocols that can save lives during an active shooter event. Recent events have once again triggered safety and security concerns across the nation. Now more than ever, it is essential for LeadingAge members to develop an active shooter emergency response plan to prepare all community members to quickly respond when someone poses a threat to the lives of older adults, families, visitors, and coworkers. Register for the Active Shooter Preparedness webinar. In this webinar, you and your team will: understand what an active shooter event is and discuss recent examples; explore approaches to active shooter preparation and response training and education; review the key policies and procedures to include in an active shooter safety action plan; and, consider the importance of planning for mental health services following an unforeseen active shooter emergency.

COVID-19 Related Updates:

New CDC MMWRs. CDC released two Morbidity and Mortality Weekly Reports (MMWRs) today related to anti-viral pills (Paxlovid and Molnupiravir). One, "Dispensing of Anti-Viral Drugs for Treatment of COVID-19 by SIP Code Level of Social Vulnerability," reports that dispensing rates of the anti-viral pills in "high vulnerability" ZIP codes are half those seen in low and medium vulnerability communities. The number of drug courses dispensed since the White House began its Test to Treat initiative in March. As of May 21, the largest number of dispensing sites was in high vulnerability communities. Still dispensing rates in lower and medium vulnerability communities are more than double rates in higher vulnerability communities. The second MMWR issued today, "Hospitalization and Emergency Department Encounters for COVID-19 After Paxlovid Treatment," reports that data from a large California health system found that emergency room visits and hospitalizations for COVID occurred in fewer than 1% of patients who had previously been treated with Paxlovid.

Advocacy Updates and Hill News:

Action Alert On Aging Services Health and Workforce Programs! Ask Congress to Increase Funding for Key Priorities for Older Adults. Congress is developing its fiscal year 2023 appropriations bills, which include key funding priorities for older adults in your community. U.S. Representatives are voting starting this week, so now is the time to advocate for key programs that will ensure older adults have access to the aging services they need. Your voice matters! Please send an email today, asking your U.S. Representative to support LeadingAge's policy priorities.

Federal Legislation Tracker. Need to keep track of all the legislation LeadingAge is following and the summary we have produced? Our <u>federal legislation tracker</u> has all that information available for you to see.

Grandfamily Support Bill Passes Committee. Today, the House Committee on Financial Services passed HR 3111, the Grandfamily Housing Act. The bill, introduced by Representative James McGovern (D-MA) and amended in Committee by Representative Ayanna Pressley (D-MA). The bill would authorize \$100 million for a grant program for owners of intergenerational housing to employ a service coordinator to offer and coordinate services for intergenerational families, facilitate outreach to intergenerational families, plan and offer services to intergenerational families, and retrofit and maintain existing spaces within the property that contains the intergenerational dwelling unit for the services and programs provided to intergenerational families. The Senate companion to the bill, S 2179, is awaiting action in the Senate Committee on Banking, Housing, and Urban Affairs. Read more in this article.

News from LeadingAge:

Member Story: This Provider is Easing the Worries of Older Adults Aging Alone. The number of older adults who live alone, lacking family support or networks of friends, is growing rapidly. Read about one HCBS provider that is helping these vulnerable people plan for better, more secure futures. Are you finding ways to extend services to underserved populations? Use the LeadingAge Story Collector to tell us who, and how, you are helping.

The 2022 Biggest Book of Perks for Senior Care. LeadingAge Bronze Partner OnShift released *The 2022 Biggest Book of Perks for Senior Care: More Than 50 Ideas for Celebrating and Supporting Staff in Long-Term Care and Senior Living*. Check out the guide for ideas to attract, engage, and retain top talent through easy-to-implement perks.

Apply Now: 2023 Leadership Academy. The last several years have changed aging services organizations in ways that are still being revealed. What is clear? The need for diverse, empowered leaders within our field has never been greater. LeadingAge's Leadership Academy helps develop the leadership capacities and core competencies of aging services professionals by tapping into their natural talents and authentic leadership styles. Apply yourself or recommend the opportunity to a colleague. **Application Deadline: August 1**. Learn more here.