



Morrison

LIVING



FRESH



Healthy. Seasonal. Sustainable. AND MADE FROM SCRATCH

A healthy, seasonal, regional, and sustainable menu is a mainstream offering with Morrison Living. Balanced meals are prepared featuring whole grains, seasonal fruits and vegetables, along with high-quality animal proteins to complement the meal.

Only whole grains, freshly baked breads, cookies, and muffins are served. All sauces and dressings are made from scratch, and all proteins are no-antibiotics and are humanely treated.

Our seafood is purchased fresh. Salmon is caught in the wild, and our tuna is dolphin-safe and packed in spring water.

And lastly, we are proud to say that trans fats, MSG, and peanut oil are never used in the preparation of our food.

Superfoods FOOD THAT PACKS A PUNCH

By featuring a monthly superfood, we provide an extra nutritional punch, creatively packaged into specialty dishes that taste so good, you won't be thinking healthy. Our superfoods are selected for their seasonality and the additional health benefits they provide. Dig into sweet potatoes, cranberries, or even dark chocolate and experience the power of food.



*Cooking Classes Taught
by Community Chefs!*

Teaching Kitchen IT'S NEVER TOO LATE TO LEARN

Our Teaching Kitchen experience brings residents together at the kitchen table. Under the tutelage of our executive chefs and following a specially curated curriculum, attendees enjoy getting their hands in the dough, so to speak. We discuss not only the "how to's" of preparing a dish, but also food history, health benefits and chef tips. Of course, as is with any kitchen table, the conversation flows as we try new foods and remember past experiences.



*Residents Get Their
Hands in the Dough!*



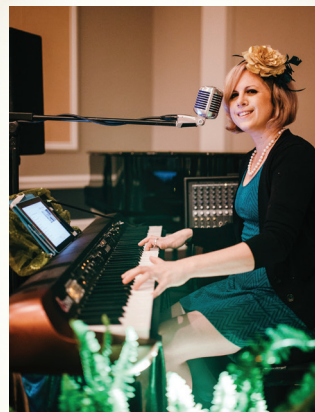
ENGAGING

Where Taste Memories are Created & Celebrated

Defined as an emotional involvement and commitment, engagement is something we bring to the table with specially designed programs to educate and entertain. From exploring different cultures with our A Meal in the Life program, to celebrating family recipes passed down through generations, to our current dining series, Encore, we are proud to create more than just a meal, with dining events that are current, fulfilling and make an emotional connection.



Whether it's food that has fueled creative minds, a favorite of famous artists or part of the act itself, there's no denying that food and the performing arts are closely tied together. Encore brings to life the experiences and memories of evening entertainment.



The recipes surrounding these events will draw some residents back to memories of special evenings shared with family, friends and loved ones while also introducing other residents to cultural arts and menus they haven't experienced previously.

ENCORE

Unique
Dining Events
SOMETHING FOR EVERYONE



ASK FOR AN
Autograph

EXCITING Every Dish Tells a Story

Our dining event series takes on a new theme annually, and this year we present Encore – an exploration of food and the performing arts.





EVERY DISH TELLS A *Story* WITH MORRISON LIVING

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