

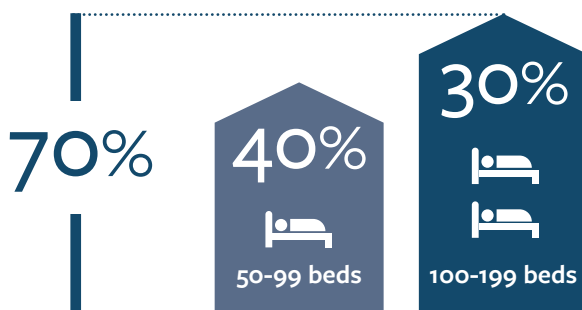
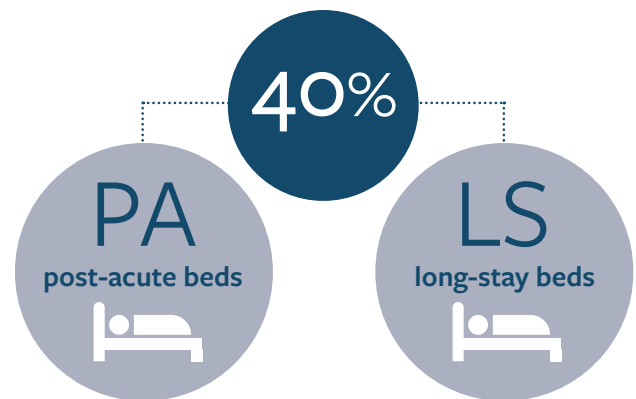
Nursing Homes

June 2020

The membership of LeadingAge includes nonprofit nursing homes; assisted living, affordable housing, and market-rate independent living communities; and providers of home and community-based services.

Here are the key characteristics of LeadingAge nursing home (NH) providers, based on a 2019 survey of LeadingAge members. Surveys were completed by 1,007 NH providers (33% response rate).

Designated Beds: Forty percent of the 1,007 NHs responding to the survey indicated that they had designated post-acute (PA) and long-stay (LS) beds within their care settings. The remaining 60% of NHs did not have separately designated beds for PA and LS.



Size: Most (70%) of nursing homes surveyed were classified as either medium (40%) or large (30%) in size, based on the number of beds across the NH setting. Medium-sized NHs reported having 50-99 beds, while large-sized NHs reported having 100-199 beds. Most NH beds were Medicare- and Medicaid-certified.

Residents: The average annual occupancy rate across NH settings was about 85%. Long-stay NH settings reported the highest average number of residents (85 residents), based on daily census, compared to an average of 32 residents in post-acute NHs and 66 residents in NHs without designated beds.



occupancy rate
85%
across all
NH settings

Across all NH settings, the majority of residents were women (65%-74%) and white (90%-93%). More than half of residents in long-stay NHs (60%) and NHs without designated beds (56%) were aged 85 and older, and less than one-third were between the ages of 75 and 84. Post-acute NH settings served more residents between the ages of 75 and 84, but fewer residents aged 85 and older, compared to long-stay NHs and NHs without designated beds.



65% - 74%
women
90% - 93%
white



Services: Most of the services asked about in the survey were provided by at least half of the nursing homes. The top services provided only through arrangements with outside service providers were hospice care (84%) and dialysis (62%). Services most often provided directly by nursing home employees included respite care (79%), non-hospice palliative care (69%), alternative therapy (61%), and respiratory health treatment (59%). Substance use treatment was the service least frequently provided in NHs, either directly or through an arrangement with an outside provider: 81% of NHs did not provide the service. About half of the NHs (46%) reported having specialized dementia units.



CNAs = most frequently employed staff

spent 3+ staff hours per resident per day



Workforce: Certified nursing assistants (CNA) were the most frequently employed staff across NH settings, with an average of 36 full-time equivalents. The least frequently employed profession at NHs was therapy staff, including occupational therapists, physical therapists, and speech therapists.

Nursing homes reported that, on average, CNAs spent more than three staff hours per resident per day. This was the highest average staff hours per resident per day reported for NHs. Licensed practical nurses/licensed vocational nurses spent an average of 1.2 hours per resident per day, followed by registered nurses (1.1 hours), and therapeutic recreation specialists (.35 hours or 21 minutes). Social workers (.15 hours or nine minutes) and therapy staff (.03 hours or two minutes) spent the fewest staff hours per resident per day.

Technology Use: The most frequently used technology tools in NHs were electronic health records or electronic medical records, which were used by 95% of respondents. External providers participating in electronic health information exchange with NHs included pharmacies (76%), physicians (63%), hospitals (52%), behavioral health specialists (23%), and other long-term care providers (19%). More than half of nursing homes (57%) reported using technologies that facilitate social connectedness and engagement among residents.



95%
use electronic health records or electronic medical records



76%
participate in electronic health information exchange with pharmacies



For a complete profile of LeadingAge members, read our full report of 2019 survey findings at [LeadingAge.org/MemberSurvey2019](https://www.leadingage.org/MemberSurvey2019)