



Quality of Life Implementation Checklist (F679)

On June 29, 2022, the Centers for Medicare & Medicaid Services (CMS) updated Appendix PP of the State Operations Manual. New and revised guidance covers significant sections of the Requirements of Participation and must be implemented by October 24, 2022.

LeadingAge has developed implementation checklists to assist members as they work toward compliance. **The checklists and other resources are not exhaustive and LeadingAge strongly encourages members to review the CMS guidance to ensure compliance with all required elements.**

Excerpts from the guidance and suggested action items are organized according to the headings provided by CMS in the State Operations Manual, Appendix PP. Excerpts are italicized, with new/revised guidance noted in red text.

§483.24 Quality of Life – F679 Activities Meet Interest/Needs of Each Resident

GUIDANCE (p. 267)

New Guidance:

Opportunities for each resident to have a meaningful life may be created by supporting his/her domains of well-being (e.g., security, autonomy, growth, connectedness, identity, joy and meaning) as identified by the Eden Alternative philosophy of care. More information may be found at: <http://www.edenalt.org/about-the-eden-alternative/theeden-alternative-domains-of-well-being/>).

Action Items:

- Review and train staff on domains of well-being as identified by Eden Alternative as referenced in State Operations Manual, Appendix PP.
- Work with staff to identify activities and programs, both individual and group, that address domains of well-being. Ensure residents are notified of opportunities to engage and are assisted to participate as needed.

- Consider coordination with Quality Assurance and Performance Improvement (QAPI) program to evaluate, monitor, and improve activities and programming to support domains of well-being.