**Pain Management Competency**

Training Plan

**Training Plan – Pain Management**

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| **Training Name: Pain Management** | | |
|  | ❑ **Training** ❑ **Simulation** ❑ **Workshop** 🗹 **Presentation** | |
| ***Training Objectives*** | 1. Provide residents who require pain management receive such services, consistent with professional standards of practice. 2. Demonstrates the use of the comprehensive person-centered care plan reflecting the residents’ goals and preferences (resident/resident representative preferences). 3. The nurse will identify when the resident is experiencing pain, identify circumstances when pain can be anticipated, evaluates the existing pain and the cause(s) and manages or prevents pain, consistent with the resident’s goals, the comprehensive assessment and plan of care, and current clinical standards of practice 4. Nursing assistants will verbalize how to recognize pain and to report the changes to a nurse for follow-up 5. Review facility policies and procedures for pain management. | |
| ***Connection to Overall Project Goals*** | * This training is part of the overall project to educate and support nursing facility operators and staff regarding the revised requirements of participation for nursing homes as it relates to pain | |
| ***Participants:***  ***Who should attend?*** | For the purposes of this education, we will refer to the regulations for the competency for pain management  Education is offered in slide presentation form with speaker’s notes for use by each facility.  Participants:  Nursing Staff-RN, LPN, Nursing Assistant  Interdisciplinary Team-including those in contact with the resident. | |
| **What training should they attend before this one?** | * No pre-requisite |
| **What training should they attend after this?** | * Annually, orientation and as needed |
| ***Facilitators:***  ***(How many trainers should participate and whom?)*** | ***One presenter will be needed to facilitate the presentation, discussion and post-test*** | |
| *Logistics Requirements* | *What is needed?* | * Pain management slide presentation * Attendance Sheet |
| * Room for training * Projector * Screen or another blank light-colored surface | * Room for training * Projector * Screen or another blank light-colored surface |

**TRAINING RESOURCES**

* Centers for Medicare & Medicaid Services State Operations Manual, Appendix PP – Guidance to Surveyors for Long Term Care Facilities (Rev. 173, 11-22-17) Advance Copy 6/29/22: <https://www.cms.gov/files/document/appendix-pp-guidance-surveyor-long-term-care-facilities.pdf>
* LTC Survey Pathways (Download) Critical Element Pathways, Pain Recognition and Management Critical Element Pathway, CMS-20076, 5/2017: <https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlawsandregulations/nursing-homes.html>
* Centers for Medicare & Medicaid Services Long-Term Care Facility Resident Assessment Instrument 3.0 User’s Manual: <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/MDS30RAIManual.html>
* Information for Clinicians: <https://geriatricpain.org/clinicians>
* Centers for Disease Control and Prevention. Opioids, “Process for Updating the Opioid Prescribing Guideline.”: <https://www.cdc.gov/opioids/guideline-update/index.html>
* NIH Pain and Pharmacologic Pain Management in Long-Stay Nursing Home Residents. [https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5435509/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.ncbi.nlm.nih.gov_pmc_articles_PMC5435509_&d=DwQF-g&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=e619p8B1PHn8vknwQ7KdQFaSjEZ7IPcO-ZalaVYDUqs&m=Qoz3f0KPFKqBX-VGhhhy4MMReZZkJ6Tt_HBvptse_OY&s=VhoxgVm3vBN4NhLoQvYcCKmQaLg6YoFPzMMGWfES1ic&e=)
* Exposure-Response Association Between Concurrent Opioid and Benzodiazepine Use and Risk of Opioid-Related Overdose in Medicare Part D Beneficiaries, <https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2685628>
* National Institute on Drug Abuse Benzodiazepines and Opioids, <https://nida.nih.gov/research-topics/opioids/benzodiazepines-opioids>
* The Society for Post-Acute and Long-Term Care Medicine (AMDA) opioid guidelines, <https://paltc.org/opioids%20in%20nursing%20homes>
* Centers for Disease Control and Prevention. Opioids: <https://www.cdc.gov/opioids/index.html>