

A close-up photograph of two hands being held together. The hand on top is older, with wrinkled skin and a silver ring on the ring finger. The hand on the bottom is younger and smoother. Both hands are wearing light blue, textured knit sleeves. The background is a soft, out-of-focus light blue.

Cuídate para poder cuidar de otros

Ponte a ti mismo primero.

Protégete a ti y a los que cuidas. Infórmate
sobre las vacunas y las dosis de refuerzo
contra el COVID-19.

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